AIRD BERLIS

Dasha Peregoudova

Partner

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Toronto

Dasha is a confident and compassionate litigator with a focus on labour and employment law. As a member of the firm's Litigation & Dispute Resolution, Workplace Law, and Sports, Media & Entertainment Groups, her practice focuses on various employment and labour-related matters, such as drafting contracts and policies, grievances and collective bargaining, as well as civil and commercial actions involving employment disputes. She also has experience with human rights-related matters. Dasha regularly advises clients with respect to accessibility issues in the workplace, and frequently conducts policy, ethical and statute-driven investigations for a wide range of clients.

Dasha has appeared as counsel before a variety of courts and tribunals in Ontario, including the Ontario Superior Court of Justice, the Ontario Divisional Court, the Ontario Court of Appeal and the Supreme Court of Canada.

As a former Canadian national team athlete, two-time Pan American champion and long-time athlete advocate and trusted sport advisor, Dasha assists athletes and artists, as well as the organizations that champion them, with a focus on governance. She brings the same level of focus and competitive energy to helping her clients meet their business objectives.

Expertise

- Workplace
- Labour & Employment
- Litigation & Dispute Resolution

Industries

- Sports, Media & Entertainment
- ESG & Sustainability

Awards & Recognition

- Recognized in *Chambers Canada* as a top practitioner in Employment & Labour
- Recognized in *The Best Lawyers in Canada* in the field of Sports Law
- Recognized by *HR Law Canada's 2025* Awards Program as a Top 5 Lawyer Under 40
- Recognized in *The Best Lawyers: Ones to Watch* in Canada for her expertise in Labour & Employment Law
- Recognized in *The Peak: Emerging Leaders* for her legal expertise (2024)
- Recognized by *Precedent Magazine* as a 2023 Precedent Setter Awards Winner
- Havergal College Hall of Distinction Inductee, 2019
- Western University Humanitarian Award, 2015

Professional Involvement

Professional Activities

- Director of Sanctions and Outcomes for Abuse-Free Sport, Canada's Independent Safe Sport Mechanism
- Diversity and Inclusion Officer, International Bar Association's North American Regional Forum
- Vice-Chair, Corporate Commercial Transactions Committee, Canadian Association of Counsel to Employers (CACE)
- Ombudsperson, Team Canada, Tokyo 2020 Olympic Games
- Past President, AthletesCAN, the Association of Canadian National Team Athletes
- Ombudsperson, 2019 Pan American Games
- Board Member, Sport Dispute Resolution Centre of Canada, 2013-2019 (appointed by the Minister of Sport, Hon. Bal Gosal and re-appointed by the Minister of Sport and Persons with Disabilities, Hon. Carla Qualtrough)
- Panam Sport Legal Commission

Memberships

- Law Society of Ontario
- Ontario Bar Association
- Canadian Bar Association
- The Advocates' Society
- Toronto Lawyers Association

Teaching Engagements

- Adjunct Professor, Sports Law, Western University

Education

- JD, Western University, 2016
- B.Sc. (Hons.), University of Toronto, 2012