



# Guide

IBA Annual  
Conference  
Toronto 2025

# 2025

**AIRD BERLIS**

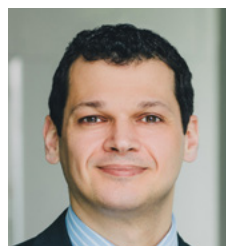
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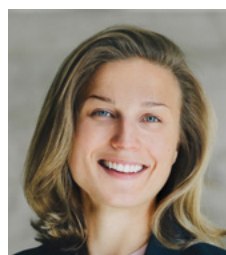
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## Welcome to Toronto

It is our pleasure to welcome you to Toronto, the capital of Ontario and Canada's largest city! Founded on the traditional territory of many nations, including the Mississaugas of the Credit, the Anishnabeg, the Chippewa, the Haudenosaunee and the Wendat peoples, Toronto is now home to 2.8 million residents, including many diverse First Nations, Inuit and Métis peoples. While you are here, we invite you to immerse yourself in our multicultural vibrancy, celebrated through historic neighbourhoods, cultural events and an exquisite culinary scene.

Toronto is also a hub for arts and culture, featuring renowned museums, theatres and galleries. Nature intertwines with the urban landscape through parks and waterfronts. And, of course, the city is home to our beloved major sports teams: the Maple Leafs, Blue Jays, Raptors, Toronto FC and, now in its second year, the Toronto Sceptres of the PWHL. Toronto's reputation for safety, cleanliness and a welcoming atmosphere ensures this will be an unforgettable journey. Please read on to discover our top recommendations for dining, accommodations and must-visit attractions.



## 2025 Guide to Toronto - Restaurants

### Restaurants



#### 360 Restaurant

[cntower.ca/plan-an-event/our-spaces/360-restaurant](http://cntower.ca/plan-an-event/our-spaces/360-restaurant)

*Cuisine Type - Canadian*

*Price Range - \$\$\$\$*

Soak in some of the most stunning views in Toronto while enjoying a glass of wine from the world's tallest wine cellar. The restaurant, located in Toronto's famous CN Tower, includes a complimentary ticket to visit the CN Tower with a restaurant reservation.



#### Alobar Downtown & Alobar Yorkville

[thealobar.com/alobar-yorkville](http://thealobar.com/alobar-yorkville)

*Cuisine Type - Canadian*

*Price Range - \$\$\$\$*

With two locations in Toronto's most recognizable neighbourhoods, Alobar is sure to delight. This Michelin-starred restaurant is recognized for its cocktails, but don't miss the elegant dishes. We recommend making reservations well in advance.



#### Black and Blue

[blackandbluesteakhouse.ca/toronto-home](http://blackandbluesteakhouse.ca/toronto-home)

*Cuisine Type - Steak*

*Price Range - \$\$\$\$*

Superior selection meets superior flavour inside one of Toronto's most popular steakhouses. Lunch is offered on a prix fixe menu, and the restaurant boasts private room options for larger groups.



#### Canoe

[canoerestaurant.com](http://canoerestaurant.com)

*Cuisine Type - Canadian*

*Price Range - \$\$\$\$*

Located atop TD Tower in downtown Toronto, Canoe provides stunning views of the skyline alongside delicious food. Enjoy inventive Canadian dishes inspired by the country's rich land, paired with renowned cocktails.



#### Café Boulud

[cafeboulud.com/toronto](http://cafeboulud.com/toronto)

*Cuisine Type - French*

*Price Range - \$\$\$\$*

Café Boulud, located in Yorkville, offers a seasonally changing menu that blends French bistro favourites with locally sourced ingredients. Its chic and inviting atmosphere makes for a sophisticated yet relaxed dining experience.



## 2025 Guide to Toronto - Restaurants



### Cluny Bistro & Boulangerie

[clunybistro.com](http://clunybistro.com)

*Cuisine Type - French*

*Price Range - \$\$\$\$*

Located in Toronto's popular Distillery District, this French bistro offers elegant dishes in a casual but aesthetic atmosphere.



### Fat Pasha

[fatpasha.com](http://fatpasha.com)

*Cuisine Type - Middle Eastern*

*Price Range - \$\$\$\$*

This beloved eatery in Toronto's famous Annex neighbourhood, located on Dupont Street between Bathurst and Davenport, offers delicious Middle Eastern, Jewish and European fare in a funky setting, including vegan options. Fat Pasha offers dinner throughout the week starting at 5 p.m. and brunch on weekends starting at 11 a.m.



### Giuletta

[giu.ca](http://giu.ca)

*Cuisine Type - Italian*

*Price Range - \$\$\$\$*

Giuletta is a stylish restaurant in Little Italy known for its fresh, seasonal approach to traditional cuisine. With a focus on artisanal ingredients and innovative cooking techniques, diners can enjoy a menu that includes handmade pastas, wood-fired pizzas and delightful desserts.



### Jacobs & Co. Steakhouse

[jacobssteakhouse.com](http://jacobssteakhouse.com)

*Cuisine Type - Steak*

*Price Range - \$\$\$\$*

Jacobs & Co. is centrally located in downtown Toronto and blends the traditions of a steakhouse with elegant modernity. This Michelin-recognized restaurant emphasizes dry aging in the preparation of steak and focuses on small touches that make it a meal to remember.



### Joso's

[josos.com](http://josos.com)

*Cuisine Type - Mediterranean*

*Price Range - \$\$\$\$*

Located in Yorkville, Joso's is a charming eatery that captures the vibrant spirit of the Dalmatian Coast. Renowned for its creative seafood dishes and handcrafted pastas, this cozy restaurant features a colourful interior adorned with eclectic artwork.

## 2025 Guide to Toronto - Restaurants



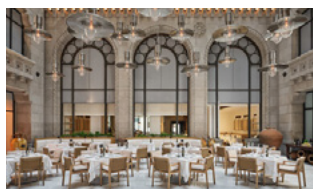
### Koh Lipe

[kohlipe.ca](http://kohlipe.ca)

*Cuisine Type - Thai*

*Price Range - \$\$\$\$*

Named in honour of a beautiful island in Southern Thailand, this Michelin-recognized restaurant showcases Southern Thai cuisine that can't be missed! There are locations in both downtown Toronto and Scarborough, but note that reservations are required.



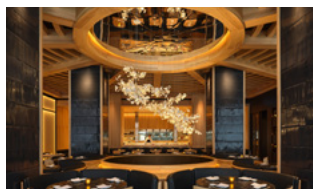
### Milos

[estiatoriomilos.com/location/toronto](http://estiatoriomilos.com/location/toronto)

*Cuisine Type - Mediterranean*

*Price Range - \$\$\$\$*

Milos is a celebrated seafood restaurant that brings the essence of Greek cuisine to Bay Street. Known for its fresh ingredients, it offers a luxurious dining experience with an emphasis on quality seafood flown in daily from the Mediterranean.



### Nobu

[noburestaurants.com/toronto](http://noburestaurants.com/toronto)

*Cuisine Type - Japanese*

*Price Range - \$\$\$\$*

New to the city, Nobu Toronto is famous for its signature dishes, including black cod miso and yellowtail jalapeño. The restaurant's sleek, contemporary design enhances the dining experience, creating an atmosphere that is both sophisticated and welcoming.



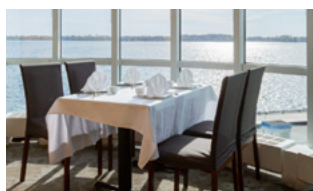
### PAI Northern Thai Kitchen

[paitoronto.com](http://paitoronto.com)

*Cuisine Type - Thai*

*Price Range - \$\$\$\$*

A love letter to the iconic flavours of Northern Thai cuisine, the award-winning PAI Northern Thai Kitchen offers a wide range of authentic and delicious dishes. Guests can choose between PAI's midtown location at Yonge and Eglinton, or the downtown location at 18 Duncan Street.



### Pearl Harbourfront

[pearlharbourfront.ca/harbourfront](http://pearlharbourfront.ca/harbourfront)

*Cuisine Type - Chinese*

*Price Range - \$\$\$\$*

Pearl Harbourfront's authentic Chinese cuisine is beautifully complemented by impressive panoramic views of the Toronto waterfront. Located in the Queen's Quay Terminal, this vibrant restaurant offers classic and contemporary dishes, alongside an extensive menu of dim sum.

## 2025 Guide to Toronto - Restaurants

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**Rol San**  
[rol-san-toronto.ca](http://rol-san-toronto.ca)

*Cuisine Type - Dim Sum*

*Price Range - \$\$\$\$*

This popular late-night spot is famous for its generous portions, speedy service and welcoming, casual vibes. With nearly 50 selections on their dim sum menu alone, Rol San is sure to have something for everyone.

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**RUDY**  
[rudyresto.com](http://rudyresto.com)

*Cuisine Type - Burgers*

*Price Range - \$\$\$\$*

With six locations across the city, RUDY is the perfect choice if you're craving something homey, greasy and delicious. Offerings include decadent double-patty cheeseburgers, thick cut fries, poutine, milkshakes, deep fried pickle slices and even homemade brownies.

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**Sotto Sotto**  
[sottosotto.ca](http://sottosotto.ca)

*Cuisine Type - Italian*

*Price Range - \$\$\$\$*

Sotto Sotto is an intimate Italian restaurant that transports diners to a cozy Tuscan villa. Known for its ambiance, the Yorkville restaurant features a menu rich in traditional Italian flavours, including handmade pasta and exquisite wines.

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# 2025 Guide to Toronto - Activities

## Activities

### AGO & Baldwin Village

[ago.ca](http://ago.ca)



Explore Ontario's premier art gallery before venturing to Baldwin Village. The street's former residences have been converted to small restaurants and shops selling arts, crafts and curios.



### Chinatown & Kensington Market

[kensingtonmarket.to](http://kensingtonmarket.to)



Toronto's Chinatown is located adjacent to Kensington Market. Enjoy great food and amazing shops before walking to the eclectic Kensington Market and taking in the vintage shops and art galleries.



### CN Tower

[cntower.ca](http://cntower.ca)



Visit the defining feature of Toronto's skyline! The CN Tower – a 553 metre-high concrete communications and observation tower in the heart of downtown – boasts incredible views of Toronto and Lake Ontario.



### Crow's Theatre

[crowstheatre.com](http://crowstheatre.com)



This award-winning theatre, located at the corner of Carlaw Avenue and Dundas Street East, is known for staging groundbreaking, provocative original productions and supporting Canadian playwrights.



### Dasha

[dashatoronto.com](http://dashatoronto.com)



A modern pan-Asian restaurant and karaoke bar situated downtown, Dasha offers a unique singalong scene. Every private room is uniquely themed and designed by a talented local artist, providing a full sensory experience for music lovers.



### Distillery District

[thedistillerydistrict.com](http://thedistillerydistrict.com)



Toronto's Distillery District is widely regarded as Canada's premier arts, culture and entertainment destination. Brimming with charm, this historic area boasts an array of cafes, restaurants and shops nestled within the heritage buildings of the renowned Gooderham & Worts Distillery.



Outdoor



Nightlife



Sight



Area

[airdberlis.com](http://airdberlis.com) | 8



# 2025 Guide to Toronto - Activities

## The Drake

[thedrake.ca](http://thedrake.ca)



Whether you're looking for a luxurious stay in one of Toronto's trendiest neighbourhoods, want to enjoy a delicious meal on a rooftop patio, or feel like catching a concert in one of the city's hippest performance venues, The Drake - located at 1150 Queen Street West - has you covered.

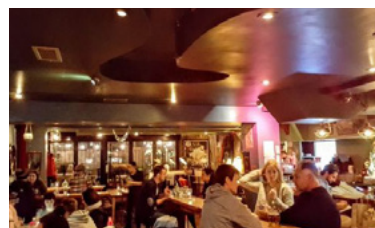


## DROM Taberna

[dromtaberna.com](http://dromtaberna.com)



This live music venue tucked away in Toronto's Garment District boasts nightly performances from Toronto- and GTA-based artists, a beautiful patio, an extensive drink list and traditional eastern European food options.

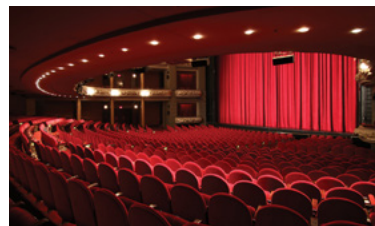


## Ed Mirvish Theatre

[mirvish.com](http://mirvish.com)



Every year, Mirvish Productions produces and presents dozens of plays and musicals, chosen from the best theatre originating in Canada, New York, London, Australia and beyond.

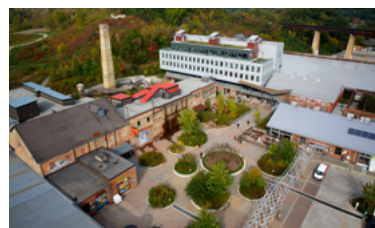


## Evergreen Brickworks

[evergreen.ca/evergreen-brick-works](http://evergreen.ca/evergreen-brick-works)



Open daily, this sustainable venue hosts a variety of activities - from guided walking tours to farmers' markets - that will delight visitors year-round. They also do workshops and movie nights!



## Gardiner Museum

[gardinermuseum.on.ca](http://gardinermuseum.on.ca)



The Gardiner Museum is open seven days a week! Explore collections, discover special exhibitions and get hands-on with clay.

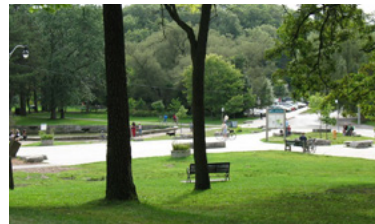


## High Park

[highparktoronto.com](http://highparktoronto.com)



Toronto's largest park is home to an impressive array of amenities, including a zoo, hiking trails, greenhouses, cafes and restaurants, a dog park, playgrounds and picnic areas.



# 2025 Guide to Toronto - Activities

## Hockey Hall of Fame

[hhof.com](http://hhof.com)



The Hockey Hall of Fame is a museum dedicated to the history of ice hockey. It holds exhibits about players, teams, National Hockey League records, memorabilia and trophies, including the Stanley Cup.



## Martin Goodman Trail

[toronto.ca/mgt](http://toronto.ca/mgt)



This 22-kilometre mixed-use trail follows Toronto's shoreline from Etobicoke to Scarborough. Whether you would prefer a leisurely stroll or an invigorating bike ride, this trail is the perfect way to take in the city's gorgeous waterfront.

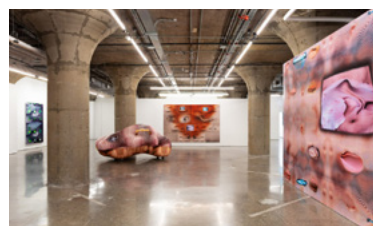


## The Museum of Contemporary Art Toronto Canada (MOCA)

[moca.ca](http://moca.ca)



MOCA is an inclusive cultural hub showcasing contemporary Canadian art. In addition to art exhibitions, MOCA offers a range of public programming, including drop-in art workshops and monthly community weekends.



## Museum of Illusions

[museumofillusions.ca](http://museumofillusions.ca)



Explore a fascinating collection of mind-bending rooms, captivating installations and spellbinding images that will shift your perspective and challenge your senses. Get ready to be amazed – things are not always as they seem!



## Ossington

[destinationtoronto.com/neighbourhoods/westside/ossington](http://destinationtoronto.com/neighbourhoods/westside/ossington)



The Ossington Strip, located between Queen St. W. and Dundas St. W., is a trendy destination with an eclectic mix of bars, restaurants and boutiques. With a vibrant arts scene and bustling nightlife, it's the perfect spot for locals and tourists alike.



## The Reservoir Lounge

[reservoirlounge.com](http://reservoirlounge.com)



The Reservoir Lounge, Toronto's original swing-jazz speakeasy, is where legends such as Prince and Michael Bublé have found the stage. With a new live band featured every night, everyone comes for the same reason: soulful music, delicious drinks and unforgettable memories.



Outdoor



Nightlife



Sight



Area

[airdberlis.com](http://airdberlis.com) | 10

# 2025 Guide to Toronto - Activities

## Royal Ontario Museum

[rom.on.ca/en](http://rom.on.ca/en)



The Royal Ontario Museum (ROM) is a museum of art, world culture and natural history. It is one of the largest museums in North America and the largest in Canada. It attracts more than 1 million visitors every year and is a great attraction for adults and children alike.



## Stackt Market

[stacktmarket.com](http://stacktmarket.com)



Constructed entirely out of shipping containers, Stackt is an ever-evolving cultural marketplace featuring an assortment of shops, a microbrewery, top chefs, stunning city views and lots of ongoing community programming.

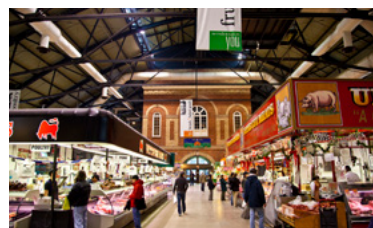


## St. Lawrence Market

[stlawrencemarket.com](http://stlawrencemarket.com)



Toronto's historic St. Lawrence Market is a must-see! Sample treats from local vendors, pick up fresh produce at the weekend farmers' market, and don't miss the famous peameal sandwiches!



## Tommy Thompson Park

[trca.ca/parks/tommy-thompson-park](http://trca.ca/parks/tommy-thompson-park)



Located on an artificially-constructed peninsula known as the Leslie Street Spit, Tommy Thompson Park is one of the largest natural spaces on Toronto's waterfront. It encompasses an impressive array of habitats, including sand dunes, coastal marshes, cottonwood forests and wildflower meadows, and is one of the best nature-watching spots in the region.



## Toronto's Sports Teams:



**Hockey:** Take in Canada's favourite pastime: a [Toronto Maple Leafs game](#) at Scotiabank Arena or a [Toronto Sceptres game](#) at Coca-Cola Coliseum. The city's respective National Hockey League and Professional Women's Hockey League teams draw in passionate fans in a can't-miss atmosphere.



**Basketball:** The Raptors, Toronto's National Basketball Association team and 2019 NBA Championship winners, have a dedicated following. Their [electrifying matches](#) take place at Scotiabank Arena.



**Baseball:** The Toronto Blue Jays, Toronto's representative in Major League Baseball, [play](#) at the iconic Rogers Centre.



**Soccer:** Toronto FC competes in Major League Soccer. Their [thrilling matches](#) take place at BMO Field, a short walk from the Exhibition GO station.



Outdoor



Nightlife



Sight



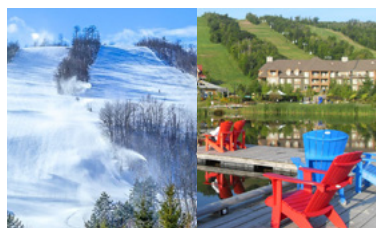
Area

[airdberlis.com](http://airdberlis.com) | 11



# 2025 Guide to Toronto - Day Trips

## Day Trips



### Collingwood & Blue Mountain

[bluemountain.ca](http://bluemountain.ca)

Situated two hours north of Toronto, Collingwood and Blue Mountain offer both seasonal and year-round activities such as skiing, golfing and Nordic spas, making it a captivating destination for both recreation and relaxation.

*Approximate driving time: 2 hours\**



### Elora Gorge & Elora Mill Hotel & Spa

[eloramill.ca](http://eloramill.ca)

Located just under two hours west of the city, the Elora Mill Hotel & Spa stands as a unique destination. Perched atop the thundering Elora Gorge and amid stunning panoramic views, guests are invited to unwind in one of the province's premier spas.

*Approximate driving time: 1.75 hours\**



### Harbourfront Canoe and Kayak Centre

[paddletoronto.com](http://paddletoronto.com)

Discover a fresh vantage point to the city! Choose your kayak, canoe or stand-up paddleboard and immerse yourself in the scenic beauty and vibrant energy of Toronto's world-class harbourfront.

*Approximate driving time: 10 minutes\**



### Paris

[downtownparis.ca](http://downtownparis.ca)

Once voted the "Prettiest Little Town in Canada," Paris, Ontario, charms visitors with its historic cobblestone streets, scenic location along the Grand River and vibrant marketplace scene. Located 100 kilometres from Toronto, this destination beckons those seeking a peaceful getaway.

*Approximate driving time: 1.5 hours\**



### Royal Botanical Gardens

[rbg.ca](http://rbg.ca)

Discover the grandeur of the Royal Botanical Gardens, sprawling across 2,400 acres of enchanting gardens and nature sanctuaries that stretch through Hamilton and Burlington. Immerse yourself in a nature enthusiast's paradise!

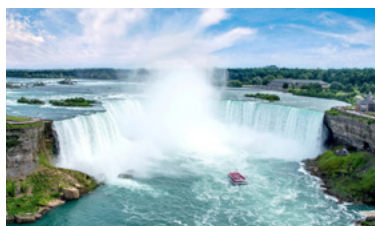
*Approximate driving time: 1 hour\**

*\* Please note that travel times are heavily dependent on traffic and time of day. Please consult your favourite navigation app on your travel day for up-to-the-minute, traffic-conscious travel time estimates.*



## 2025 Guide to Toronto - Day Trips

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### Niagara Falls

[niagarafallstourism.com](http://niagarafallstourism.com)

Renowned for spectacular beauty, Niagara Falls is a stunning and powerful visual spectacle. Just under two hours from Toronto, the falls act as a natural border between the United States and Canada. The surrounding area has developed into a popular tourist destination with various attractions and activities.

*Approximate driving time: 1.75 hours\**

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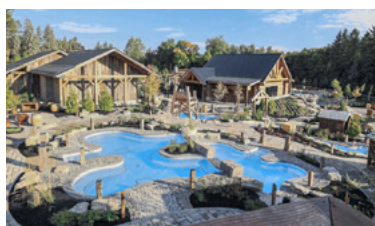
### Niagara-on-the-Lake Wine Tours

[tourniagarawineries.com](http://tourniagarawineries.com)

NOTL wineries are celebrated for their historic charm, picturesque landscapes and world-class wine offerings. A two-hour drive from Toronto, visitors can spend a day exploring the region's rich history and savouring a delightful blend of culinary and cultural delights.

*Approximate driving time: 2 hours\**

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### Thermëa Spa Village

[thermea.com/whitby](http://thermea.com/whitby)

An hour east of Toronto, Thermëa Spa Village stands as a sanctuary for wellness, providing an extensive array of experiences dedicated to nurturing both body and mind. Abandon yourself to the powers of thermotherapy.

*Approximate driving time: 1 hour\**

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### Toronto Islands

[torontoisland.com](http://torontoisland.com)

Just a short ferry ride away from downtown, the Toronto Islands offer an alluring and accessible escape from the urban centre. Visitors can enjoy the interconnected islands via scenic pathways, making them a perfect spot for a peaceful stroll or a day at the beach.

*Approximate driving time: 0.5 hours\*  
(route includes a ferry or water taxi)*

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*\* Please note that travel times are heavily dependent on traffic and time of day. Please consult your favourite navigation app on your travel day for up-to-the-minute, traffic-conscious travel time estimates.*

# 2025 Guide to Toronto - Hotels

## Hotels

### 1 Hotel Toronto – 5-star hotel

[1hotels.com/toronto](https://1hotels.com/toronto)

Located at 500 Wellington West Street, this eco-conscious haven in downtown Toronto is inspired by the city's rich natural tapestry and the serene beauty of Lake Ontario.

Distance to Metro Toronto Convention Centre:  
*Walking time: 18 minutes; Driving time: 6 minutes\**

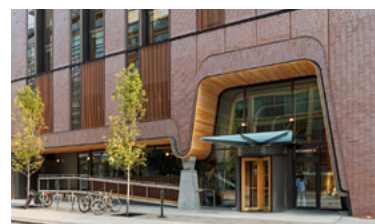


### ACE Hotel – 4-star hotel

[acehotel.com/toronto](https://acehotel.com/toronto)

Designed to encapsulate the spirit, culture and essence of the city, Ace Hotel Toronto is a fresh and stylish boutique destination located just west of downtown in the historic Garment District.

Distance to Metro Toronto Convention Centre:  
*Walking time: 18 minutes; Driving time: 8 minutes\**

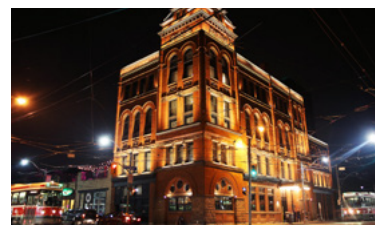


### The Broadview Hotel – 4-star hotel

[thebroadviewhotel.ca](https://thebroadviewhotel.ca)

Located in Toronto's east end, this historic boutique hotel features beautiful artwork, airy rooms and easy access to Toronto's trendy and vibrant Riverside neighbourhood.

Distance to Metro Toronto Convention Centre:  
*Walking time: 50 minutes; Driving time: 15 minutes\**

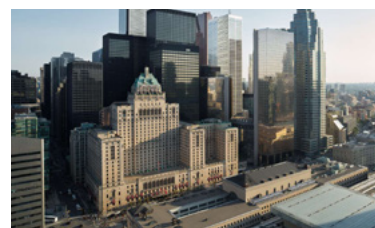


### Fairmont Royal York – 5-star hotel

[fairmont.com/royal-york-toronto](https://fairmont.com/royal-york-toronto)

Embrace timeless luxury at the city's landmark hotel! An iconic presence since 1929, the Royal York is known for its exquisite accommodations and centralized location.

Distance to Metro Toronto Convention Centre:  
*Walking time: 6 minutes; Driving time: 2 minutes\**

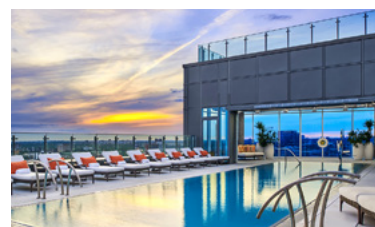


### Hotel X – 5-star hotel

[hotelxtoronto.com](https://hotelxtoronto.com)

Nestled along the scenic Lake Ontario waterfront and distinguished by its exclusive location at Exhibition Place, Hotel X offers an ideal blend of urban luxury and resort amenities.

Distance to Metro Toronto Convention Centre:  
*Walking time: 40 minutes; Driving time: 10 minutes\**



*\* Please note that travel times within the downtown core are heavily dependent on traffic and time of day. Please consult your favourite navigation app on your travel day for up-to-the-minute, traffic-conscious travel time estimates. [Interactive map](#)*

*Consider the Union-Pearson (or "UP") Express as an alternative to taxis or ride shares. This convenient train will whisk you from Pearson International Airport to Toronto's Union Station in the heart of downtown (or vice versa) in just 25 minutes and at a fraction of the cost. Consult their [website](#) for ticket purchases and departure schedules.*

# 2025 Guide to Toronto - Hotels

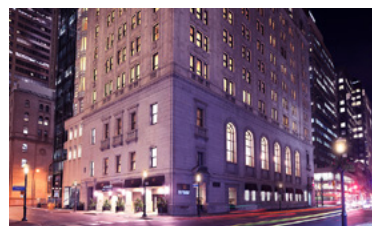
## One King West Hotel & Residence – 4-star hotel

[onekingwest.com](http://onekingwest.com)

One King West offers an ideal location (King and Yonge) and is just minutes away from the financial, entertainment and shopping districts. Come for the scenic views and revel in the wide range of amenities.

Distance to Metro Toronto Convention Centre:

*Walking time: 15 minutes; Driving time: 6 minutes\**



## Ritz-Carlton Toronto – 5-star hotel

[ritzcarlton.com/en/hotels/yyzrz-the-ritz-carlton-toronto/overview](http://ritzcarlton.com/en/hotels/yyzrz-the-ritz-carlton-toronto/overview)

Located at 181 Wellington Street West, the Ritz-Carlton is renowned for its luxurious accommodations, prime downtown location and spa, and wellness facilities.

Distance to Metro Toronto Convention Centre:

*Walking time: 6 minutes; Driving time: 2 minutes\**



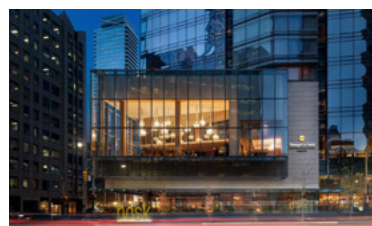
## Shangri-La – 5-star hotel

[shangri-la.com/en/toronto/shangrila](http://shangri-la.com/en/toronto/shangrila)

Perched atop one of Toronto's tallest buildings at 188 University Avenue, this hotel offers a breathtaking vantage point of the city from a prime centralized location.

Distance to Metro Toronto Convention Centre:

*Walking time: 10 minutes; Driving time: 3 minutes\**



## St. Regis Toronto – 5-star hotel

[marriott.com/en-us/hotels/yyzxr-the-st-regis-toronto/overview](http://marriott.com/en-us/hotels/yyzxr-the-st-regis-toronto/overview)

Located in the heart of Toronto, the St. Regis offers personalized butler service and the convenience of pet-friendly accommodations. It's a luxurious destination with five-star dining and an on-site spa.

Distance to Metro Toronto Convention Centre:

*Walking time: 16 minutes; Driving time: 8 minutes\**



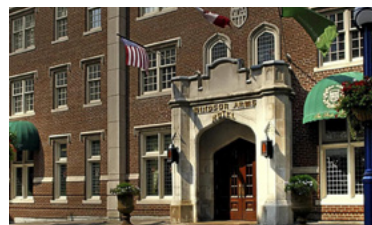
## Windsor Arms – 5-star hotel

[windsorarmshotel.com](http://windsorarmshotel.com)

Located in Yorkville just steps from bustling Bloor Street, this luxurious boutique hotel features stunning, Victorian-inspired décor, afternoon tea, a relaxing spa and live music every Thursday and Friday night.

Distance to Metro Toronto Convention Centre:

*Walking time: 45 minutes; Driving time: 15 minutes\**



*\* Please note that travel times within the downtown core are heavily dependent on traffic and time of day. Please consult your favourite navigation app on your travel day for up-to-the-minute, traffic-conscious travel time estimates. [Interactive map](#).*

*Consider the Union-Pearson (or "UP") Express as an alternative to taxis or ride shares. This convenient train will whisk you from Pearson International Airport to Toronto's Union Station in the heart of downtown (or vice versa) in just 25 minutes and at a fraction of the cost. Consult their [website](#) for ticket purchases and departure schedules.*



## 2025 Guide to Toronto - Map





# TORONTO PATH NETWORK

## About the PATH

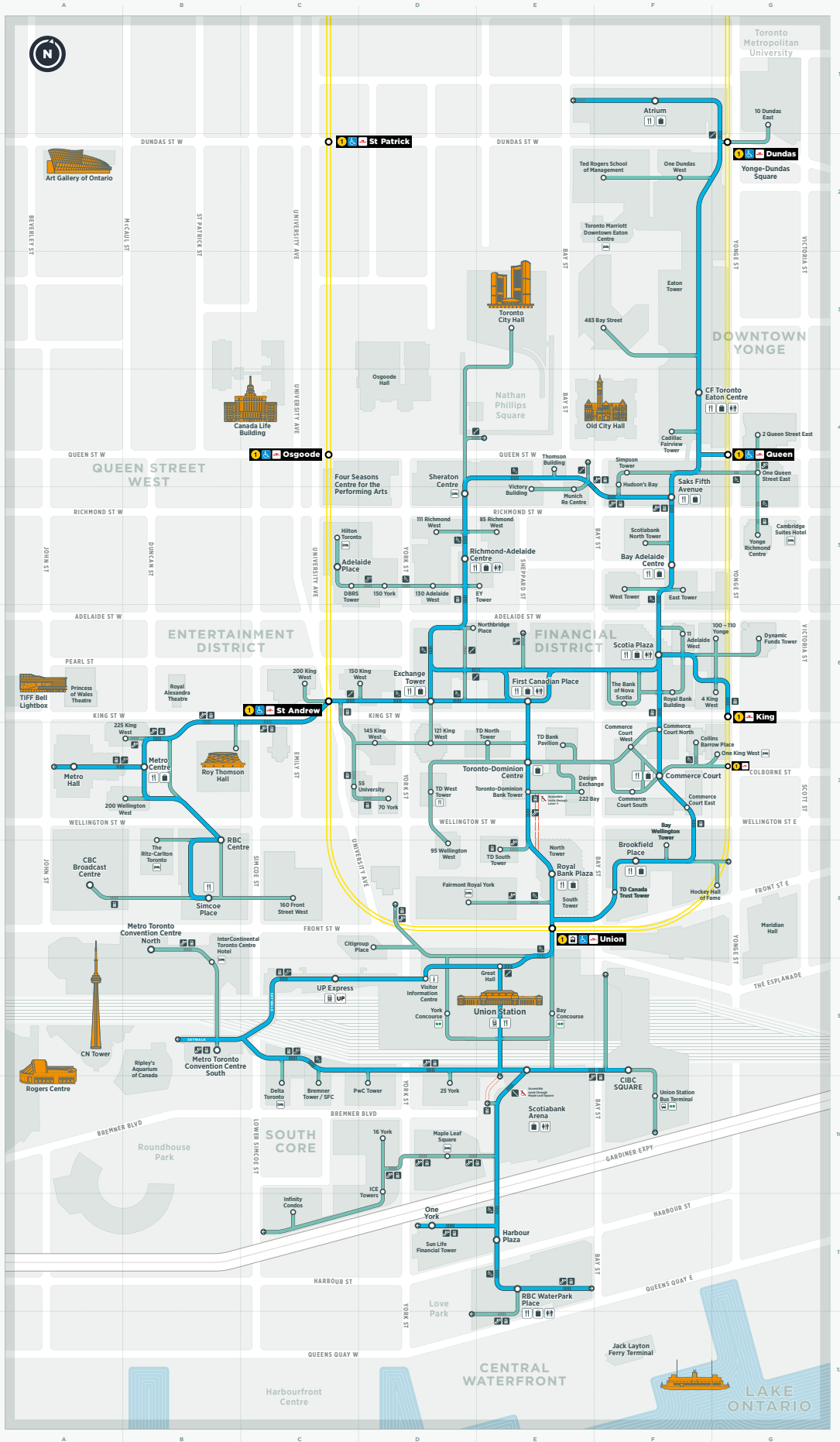
Welcome to the PATH — Toronto's Downtown Underground Pedestrian Walkway linking 30 kilometres of underground shopping, services and entertainment

## Map directory

A	T1 Adelaide West	F6	O One Dundas West	F2
	130 Adelaide West	D5	One King West	G7
	Adelaide Place	C5	One Queen Street East	G4
	150 York St		One York	D11
	Atrium	F1	P PwC Tower	D10
B	222 Bay	E7	Q 2 Queen Street East	G4
	Bay Adelaide Centre	F5	R RBC Centre	B8
	Bay Wellington Tower	F8	155 Wellington St W	
	483 Bay	F3	RBC WaterPark Place	E11
	Brenner Tower /	C10	Richmond-Adelaide Centre	D5
	Southcore Financial Centre (SFC)		120 Adelaide St W	
	Brookfield Place	F8	85 Richmond West	E5
C	Cadillac Fairview Tower	F4	111 Richmond West	D5
	CBC Broadcast Centre	A8	Roy Thomson Hall	B7
	CF Toronto Eaton Centre	F4	Royal Bank Building	F6
	CIBC SQUARE	F9	Royal Bank Plaza Towers	E8
	Citigroup Place	D8	S Saks Fifth Avenue	F5
	123 Front St W		Scotiabank Arena	E10
	Collins Barrow Place	F7	Scotia Plaza	F6
	11 King St W		Sheraton Centre	D5
	Commerce Court	F7	Simcoe Place	B8
D	DBRS Tower	C5	Simpson Tower	F4
	181 University Ave		401 Bay St	
	Della Toronto	C10	SunLife Financial Tower	D11
	Design Exchange	E7	1 York St	
	10 Dundas East	G1	T TD Bank Pavilion	E7
	Dynamic Funds Tower	G6	55 King St W	
E	Exchange Tower	D6	TD Bank Tower	E7
	130 King St W		66 Wellington St W	
	EY Tower	E5	TD Canada Trust Tower	F8
	100 Adelaide St W		TD North Tower	E7
F	Fairmont Royal York	D8	77 King St W	
	First Canadian Place	E6	TD South Tower	E8
	100 King St W		79 Wellington St W	
H	Harbour Plaza	E11	TD West Tower	D7
	Hilton Toronto	C5	Ted Rogers School of	F2
	Hockey Hall of Fame	G8	Management	
	Hudson's Bay	F4	The Bank of Nova Scotia	F6
I	ICE Towers	D10	The Ritz-Carlton Toronto	B8
	Infinity Condos	C11	Thomson Building	E4
	InterContinental Toronto	B9	65 Queen St W	
	Centre Hotel		Toronto City Hall	E3
K	4 King West	G6	Toronto-Dominion Centre	E7
	121 King West	D7	55 University	C7
	145 King West	D7	Union Station Bus Terminal	F10
	150 King West	D6	UP Express	C9
	200 King West	C6	V Victory Building	E5
	225 King West	B7	60 Richmond St W	
M	Maple Leaf Square	D10	W 95 Wellington West	D8
	Metro Centre	B7	200 Wellington West	B7
	Metro Hall	A7	Y 100 - 110 Yonge	G6
	55 John St		16 York	D10
	Metro Toronto	B8	25 York	D10
	Convention Centre North		70 York	D7
	Metro Toronto	B9	150 York	D5
	Convention Centre South		Yonge Richmond Centre	G5
	Munich Re Centre	E5		
N	Northridge Place	D6		
	105 Adelaide St W			

## Map key

<b>Toronto PATH</b>	<b>Transit</b>
Main PATH routes	TTC subway
Connecting PATH routes	Subway line
Alternative accessible route	GO regional rail/bus
Retail	UP Express airport train
Food court	Train station
Hotel	Barrier-free subway entrance
Washrooms	
<b>Accessibility</b>	
Stairs	
Escalator	
Accessible ramp	
Elevator	
Exit to street level	
No access (use alternative route)	



# O Canada

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## Land Acknowledgement

We acknowledge the land we are meeting on is the traditional territory of many nations, including the Mississaugas of the Credit, the Anishnabeg, the Chippewa, the Haudenosaunee and the Wendat peoples, and is now home to many diverse First Nations, Inuit and Métis peoples. We also acknowledge that Toronto is covered by Treaty 13 with the Mississaugas of the Credit.

## Fun Facts & National Icons

- > **National Animal:** Canada's national animal is the beaver, recognized for its industrious nature and significant role in the country's fur trade history. The beaver symbolizes hard work and determination, traits closely associated with Canada's identity.
- > **Money:** Canadian currency, often referred to as "loonies" (for the \$1 coin featuring a loon) and "toonies" (for the \$2 coin), is distinct for its vibrant colours and unique designs. Bills range in colour from brown to purple, and each features notable Canadian figures and landmarks, including Sir Wilfrid Laurier, Queen Elizabeth II and the iconic Canadian landscape.
- > **National Languages:** Canada has two official languages: English and French. English is predominantly spoken across the country, while French is widely used in Quebec and parts of New Brunswick and Ontario. The country's bilingual nature is enshrined in the Canadian Constitution, reflecting our diverse cultural heritage.
- > **National Sports:** Canada's official winter sport is ice hockey, a beloved pastime played in every region of the country. Lacrosse is recognized as the national summer sport. Both sports hold deep roots in Canadian history and culture, with passionate communities supporting them at both the amateur and professional levels.
- > **Popular Food:** Canada's cuisine is as diverse as its population, but some iconic dishes stand out. Poutine, a Quebecois creation of fries topped with cheese curds and gravy, is a national favourite. Other popular items include Nanaimo bars, butter tarts and maple syrup harvested from the country's vast maple forests.
- > **Caesar Drink:** Widely considered to be Canada's national cocktail, the Caesar is made with vodka, Clamato (a blend of clam and tomato juice), hot sauce and Worcestershire sauce. Typically garnished with celery or pickles, this spicy drink is a staple in Canadian bars and restaurants.
- > **Ketchup Chips:** Ketchup-flavoured chips are a uniquely Canadian snack, known for their tangy and sweet flavor. While uncommon elsewhere, they are a much-loved treat here, often associated with childhood memories and casual gatherings.
- > **Politeness:** Canada is often ranked as one of the friendliest and most polite countries in the world. Stereotypically, Canadians are known for saying "sorry" often and being incredibly kind, traits that have become a part of our global reputation.
- > **Tim Hortons:** Tim Hortons (or "Timmies") is Canada's most famous coffee and doughnut chain. Its "double double" coffee (with two creams and two sugars) is especially popular.

